| WINGS F | light Activity # A201 | I013-01 Worksheet | DATE:  |            |
|---------|-----------------------|-------------------|--|------------|
|         | SFAR 73 Flight Ro     |                   | LOCATION:                                    |            |
| AIRMAN: | AIRMAN CERTIFICATE #: | AIRMAN EMAIL:     | TYPE AIRCRAFT/SIMULATOR USED                 | BLOCK TIME |
| CFI:    | CFI CERTIFICATE #:    | CFI EMAIL:        | <i>WINGS</i> Flight Activity Co<br>□ YES □ N | •          |

NOTE: This worksheet is optional for use by both the airman and flight instructor in conducting the preflight briefing and the post flight assessment. At the completion of the flight, an assessment will be conducted independently by the airman and the flight instructor, and then compared during the post flight critique.

The Flight Instructor will ensure the airman possesses the knowledge, ability to manage risks, and skills consistent in the performance of flight maneuvers specifically listed in SFAR 73 and the Areas of Operation that follow **in bold text** to the ACS completion standards. While this **WINGS** Flight Activity targets specifically the Area(s) of Operation highlighted or in bold test by the instructor, Airmen should satisfactorily demonstrate all pertinent parts of the ACS in their Preflight, Flight, and Post Flight activities consistent with their certificate or rating. For **WINGS** credit, the airman will satisfactorily demonstrate the maneuvers and procedures listed **in SFAR No. 73 and the highlighted or bold text** below for the privileges of the certificate or rating being exercised in order to act as Pilot-in-Command (PIC).

## FLIGHT MANEUVERS (FM) GRADE

- D Describe at the completion of the flight, the Airman will be able to describe the physical characteristics and cognitive elements of the flight activities.

  Instructor assistance is required to successfully execute the maneuver.
- E Explain –at the completion of the flight, the Airman will be able to describe the flight activity and understand the underlying concepts, principles, and procedures that comprise the activity. Significant instructor effort will be required to successfully execute the maneuver.
- P Practice at the completion of the flight, the Airman will be able to plan and execute the flight. Coaching, instruction, and or assistance from the CFI will correct deviations and errors identified by the CFI.
- C Perform at the completion of the flight, the Airman will be able to perform the activity without assistance from the CFI. Errors and deviations will be identified and corrected by the Airman in an expeditious manner. At no time will the successful completion of the activity be in doubt. ("Perform" will be used to signify that the Airman is satisfactorily demonstrating proficiency in traditional piloting and systems operation skills for the certificate or rating being exercised in order to act as Pilot in Command.)
- N/O Not Observed Any event not accomplished or required

## SINGLE PILOT RESOURCE MANAGEMENT GRADE (SRM)

- E- Explain the Airman can verbally identify, describe, and understand the risks inherent in the flight. The Airman will need to be prompted to identify risks and make decisions.
- P Practice the Airman is able to identify, understand, and apply SRM principles to the actual flight situation. Coaching, instruction, and/or assistance from the CFI will quickly correct minor deviations and errors identified by the CFI. The Airman will be an active decision maker.
- M/D Manage/Decide the Airman can correctly gather the most important data available both within and outside the cockpit, identify possible courses of action, evaluate the risk inherent in each course of action, and make the appropriate decision. Instructor intervention is not required for the safe completion of the flight. ("M/D" will be used to signify that the Airman is satisfactorily demonstrating proficiency in SRM skills for the certificate or rating being exercised in order to act as Pilot in Command.)
- N/O Not Observed Any event not accomplished or required

## Principal ACS Areas of Operations for this *WINGS* Flight Activity (<u>Instructor Highlighted / bold Items Required for *WINGS* Credit</u>):

|  | GR/ | ADE | ADEA OF ODERATION                               | GR | RADE |
|--|-----|-----|---|----|------|
| AREA OF OPERATION  |     | SRM | AREA OF OPERATION                               |    | SRM  |
| I. PREFLIGHT PREPARATION   |     |     | IV. HOVERING MANEUVERS                          |    |      |
| 1. CERTIFICATES AND DOCUMENTS  |     |     | 1. VERTICAL TAKEOFF AND LANDING                 |    |      |
| 2. AIRWORTHINESS REQUIREMENTS  |     |     | 2. SLOPE OPERATIONS                             |    |      |
| 3. WEATHER INFORMATION   |     |     | 3. SURFACE TAXI                                 |    |      |
| 4. CROSS-COUNTRY FLIGHT PLANNING   |     |     | 4. HOVER TAXI                                   |    |      |
| 5. NATIONAL AIRSPACE SYSTEM  |     |     | 5. AIR TAXI                                     |    |      |
| 6. PERFORMANCE AND LIMITATIONS   |     |     |   |    |      |
| 7. OPERATION OF SYSTEMS  |     |     | V. TAKEOFFS, LANDINGS, AND GO-AROUNDS           |    |      |
| 8. AEROMEDICAL FACTORS   |     |     | NORMAL AND CROSSWIND TAKEOFF AND CLIMB          |    |      |
| <ol> <li>A RECVIEW OF THE AWARENESS TRAINING SUBJECT AREAS OF<br/>PARAGRAPH 2(A)(3) OF SFAR NO. 73.</li> </ol> |     |     | 2. NORMAL AND CROSSWIND APPROACH                |    |      |
|  |     |     | 3. MAXIMUM PERFORMANCE TAKEOFF AND CLIMB        |    |      |
| II. PREFLIGHT PROCEDURES   |     |     | 4. STEEP APPROACH                               |    |      |
| 1. PREFLIGHT INSPECTION  |     |     | 5. ROLLING TAKEOFF                              |    |      |
| 2. COCKPIT MANAGEMENT  |     |     | 6. CONFINED AREA OPERATION                      |    |      |
| 3. ENGINE STARTING AND ROTOR ENGAGEMENT  |     |     | 7. PINNACLE/PLATFORM OPERATIONS                 |    |      |
| 4. BEFORE TAKEOFF CHECK  |     |     | 8. PINNACLE/PLATFORM OPERATIONS                 |    |      |
|  |     |     | 9. SHALLOW APPROACH AND RUNNING/ROLL-ON LANDING |    |      |
| III. AIRPORT AND HELIPORT OPERATIONS   |     |     | 10. GO-AROUND                                   |    |      |
| 1. RADIO COMMUNICATIONS AND ATC LIGHT SIGNALS  |     |     |   |    |      |
| 2. TRAFFIC PATTERNS  |     |     |   |    |      |
| 3. AIRPORT/HELIPORT RUNWAY, HELIPAD, AND TAXIWAY SIGNS, MARKINGS, AND LIGHTING                                 |     |     |   |    |      |

| VI. PERFORMANCE MANEUVERS                                    |  |
|--|--|
| 1. RAPID DECELERATION  |  |
| 2. STRAIGHT IN AUTOROTATION                                  |  |
| 3. 180 DEGREE AUTOROTATION                                   |  |
|  |  |
| VII. NAVIGATION  |  |
| 1. PILOTAGE AND DEAD RECKONING                               |  |
| 2. NAVIGATION SYSTEMS AND RADAR SERVICES                     |  |
| 3. DIVERSION   |  |
| 4. LOST PROCEDURES   |  |
|  |  |
| VIII. EMERGENCY OPERATIONS                                   |  |
| 1. POWER FAILURE AT A HOVER                                  |  |
| 2. POWER FAILURE AT ALTITUDE                                 |  |
| 3. SYSTEMS AND EQUIPMENT MALFUNCTIONS                        |  |
| 4. SETTLING-WITH-POWER                                       |  |
| 5. ENERGY MANAGEMENT   |  |
| 6. LOW ROTOR RPM RECOGNITION AND RECOVERY                    |  |
| 7. ROTOR RPM DECAY   |  |
| ENGINE ROTOR RPM CONTROL WIHOUT THE USE OF THE GOVERNOR      |  |
| 9. MAST BUMPING  |  |
| 10.EFFECTS OF LOW G MANEUVERS AND PROPER RECOVERY PROCEDURES |  |
| 11. GROUND RESONANCE   |  |
| 12. DYNAMIC ROLLOVER   |  |
| 13.EMERGENCY EQUIPMENT AND SURVIVAL GEAR                     |  |
|  |  |
| XI. NIGHT OPERATIONS   |  |
| 1. NIGHT PREPARATION   |  |
|  |  |
| X. POST-FLIGHT PROCEDURES                                    |  |
| 2. AFTER LANDING AND SECURING                                |  |
|  |  |